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Validity of Different Pediatric Early Warning Scores in the Emergency Department

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KEY WORDS

child, emergency medical services, triage (early warning score), validity, vital signs

ABBREVIATIONS

ATS—Australasian Triage Scale
 CI—confidence interval
 ED—emergency department
 ESI—Emergency Severity Index
 IQR—interquartile range
 MTS—Manchester Triage System
 PedCTAS—pediatric Canadian Triage and Acuity Scale
 PEWS—pediatric early warning scores
 ROC—receiver operating characteristic

Dr Seiger conceptualized and designed the study, carried out the initial analyses, and drafted the initial manuscript; Dr Maconochie conceptualized and designed the study, and reviewed and revised the manuscript; Dr Oostenbrink designed the data collection instruments, supervised data collection, and reviewed and revised the manuscript; Dr Moll conceptualized and designed the study, drafted the article, and analyzed the data; all authors approved the final manuscript as submitted. Dr Moll is guarantor.

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WHAT'S KNOWN ON THIS SUBJECT: Pediatric early warning scores (PEWS) for hospital inpatients have been developed to identify patients at risk for deterioration. Beyond triage, similar systems that identify ill patients and predict requirements for a higher level of care are needed in the emergency department.



WHAT THIS STUDY ADDS: The validity of the different PEWS in pediatric emergency care patients has never been evaluated. This study showed that PEWS are capable of detecting children in need of ICU admission.

abstract

OBJECTIVE: Pediatric early warning scores (PEWS) are being advocated for use in the emergency department (ED). The goal of this study was to compare the validity of different PEWS in a pediatric ED.

METHODS: Ten different PEWS were evaluated in a large prospective cohort. We included children aged <16 years who had presented to the ED of a university hospital in The Netherlands (2009–2012). The validity of the PEWS for predicting ICU admission or hospitalization was expressed by the area under the receiver operating characteristic (ROC) curves.

RESULTS: These PEWS were validated in 17 943 children. Two percent of these children were admitted to the ICU, and 16% were hospitalized. The areas under the ROC curves for predicting ICU admission, ranging from 0.60 (95% confidence interval [CI]: 0.57–0.62) to 0.82 (95% CI: 0.79–0.85), were moderate to good. The area under the ROC curves for predicting hospitalization was poor to moderate (range: 0.56 [95% CI: 0.55–0.58] to 0.68 [95% CI: 0.66–0.69]). The sensitivity and specificity derived from the ROC curves ranged widely for both ICU admission (sensitivity: 61.3%–94.4%; specificity: 25.2%–86.7%) and hospital admission (sensitivity: 36.4%–85.7%; specificity: 27.1%–90.5%). None of the PEWS had a high sensitivity as well as a high specificity.

CONCLUSIONS: PEWS can be used to detect children presenting to the ED who are in need of an ICU admission. Scoring systems, wherein the parameters are summed to a numeric value, were better able to identify patients at risk than triggering systems, which need 1 positive parameter. *Pediatrics* 2013;132:e841–e850

Pediatric early warning scores (PEWS) are physiology-based scoring systems developed to identify patients admitted to inpatient pediatric wards at risk for clinical deterioration.¹ A recent publication showed that early warning scores are needed to quickly identify critically ill patients in the emergency departments (EDs) so that treatment can be started without delay.² Moreover, the use of the same system in the ED and inpatient wards allows continuity for patient assessment.

According to an adult study performed in the United Kingdom, early warning scores are used in the majority of EDs, although the evidence for this claim is lacking.² To date, there are few data on the use of PEWS in children presenting to the ED.^{3,4} Bradman and Maconochie⁵ validated only 1 of the several PEWS that are currently in use. Egdeell et al⁴ conducted a pilot study to validate a designed for initial assessment at the ED and showed that the system was able to identify children requiring ICU admission.

The goal of the current study was to compare the performance of different PEWS to predict ICU admission or hospitalization in a large population of children visiting the pediatric ED.

METHODS

Study Design

Different versions of PEWS were evaluated in a large prospective cohort of children presenting to the ED. The different PEWS were based on patients' age and vital sign values (heart rate, respiratory rate, oxygen saturation, blood pressure, temperature, and level of consciousness) prospectively collected during the triage assessment.

The current study used data collected for an ongoing study on the validity of the Manchester Triage System (MTS) in pediatric patients.^{5,6} The medical ethics committee of Erasmus MC approved

the study, and the requirement for informed consent was waived.

Setting and Selection of Participants

Data collection included all children aged <16 years who presented to the ED of the Erasmus MC—Sophia Children's Hospital, Rotterdam, Netherlands, between August 2009 and June 2012. The Erasmus MC—Sophia Children's Hospital is a large inner-city university hospital with a pediatric ED that is open 24 hours a day. The ED receives ~8000 children annually from a catchment area with a multisocioeconomic and multiethnic population of 2 million inhabitants.

Pediatric Early Warning Scores

A PubMed search was performed in June 2012 using the terms "pediatric early warning," "paediatric early warning," "track and trigger," "trigger criteria," "calling criteria," "medical emergency team," "pediatric alert criteria," or "paediatric alert criteria." Studies were limited to children aged 0 to 18 years and a publication date within the past 10 years. Subsequently, the titles, abstract, and full text articles were screened, and the reference lists of systematic reviews and studies on the use of PEWS in the ED were scanned to complete the search. The PEWS were included if the scores were newly developed for children presenting to the ED or admitted to an inpatient pediatric ward or if the original scores were adjusted.

The PubMed search retrieved a total of 75 articles. After exclusion of studies not addressing PEWS ($n = 45$), original research on PEWS ($n = 8$), or children ($n = 6$), 16 studies remained. Eight studies described newly developed or derived PEWS and the remaining 8 studies validated these PEWS. Four studies were included after screening the reference lists, resulting in a total of 12 PEWS, of which 11 were developed for inpatient use^{7–17} and 1 for use in the ED.⁴

The PEWS can be differentiated into scoring systems and triggering systems.¹ A scoring system contains different parameters (eg, heart rates or respiratory rates). If these parameters show an increased deviation from normal values, the given scores are greater. The scores for all the different parameters are cumulated to 1 numeric value, which, depending on the cutoff level, determines a patient's risk for clinical deterioration. In a triggering system, the patient is considered at risk if 1 of the parameters is positive.

Six PEWS were considered as scoring systems^{4,7–11} and 6 as triggering systems.^{12–17} Most PEWS were developed for inpatient patients and therefore not all parameters were available at triage assessment. Parameters that contain diagnostics, therapeutic interventions, or suspected diagnoses were removed from the scoring and triggering systems. Only therapeutic interventions such as oxygen therapy and bolus fluids remained in the model because these parameters are surrogate markers of low saturation and severe dehydration, which are features scored by triage nurses. The PEWS of Hunt et al¹⁷ and Sharek et al¹⁶ are not useful for triage assessment in the ED because continuous monitoring of vital signs is needed to assess acute change in vital signs. Therefore, 10 PEWS remained for analysis.

Details of parameters used in the remaining PEWS are shown in Table 1, and the contributions of individual parameters to the scoring systems are shown in Appendix 1.

Data Collection

ED nurses specialized in both pediatric and emergency care collected standardized data on the different parameters of the PEWS during triage assessment and recorded this information on structured electronic or paper (2006–2009) ED forms. Heart

TABLE 1 PEWS and Their Parameters

PEWS	Origin	Type	Normal Vital Sign Cutoff Levels				Other Parameter	Excluded Parameters		
			Age Range	Heart Rate (beats/min)	Respiratory Rate (breaths/min)	Systolic Blood Pressure (mm Hg)			Oxygen Saturation	Temperature (°C)
Monaghan ⁷	Original	Scoring (0–9)	<1 y	120–190	35–50	NA	NA	Sleeping; irritable; lethargic; confused; reduced response to pain	Capillary refill; oxygen therapy; work of breathing	1/4 hourly nebulizers; persistent vomiting after surgery
			1–2 y	80–130	30–45	NA	NA			
			3–4 y	70–130	26–41	NA	NA			
			5–11 y	70–130	22–37	NA	NA			
			12–16 y	60–110	11–26	NA	NA			
Akre et al ⁸	Derived ⁷	Scoring (0–9)	<1 m	100–200	35–70	NA	NA	Sleeping; irritable; lethargic; confused; reduced response to pain	Capillary refill; cyanotic; oxygen therapy; work of breathing	1/4 hourly nebulizers; persistent vomiting after surgery
			1–12 m	100–200	30–50	NA	NA			
			13 m–3 y	70–130	20–40	NA	NA			
			4–6 y	70–130	16–33	NA	NA			
			7–12 y	70–130	14–31	NA	NA			
Skatezky et al ⁹	Derived ⁷	Scoring	13–16 y	55–110	11–28	NA	NA	Sleeping; irritable; lethargic; confused; reduced response to pain	Capillary refill; oxygen therapy; work of breathing	1/4 hourly nebulizers; persistent vomiting after surgery
			<3 m	85–225	30–70	NA	NA			
			3 m–1 y	100–210	30–70	NA	NA			
			1–2 y	100–210	24–50	NA	NA			
			2–3 y	60–160	24–50	NA	NA			
Duncan et al ¹⁰	Original	Scoring	4–5 y	60–160	22–44	NA	NA			
			6–10 y	60–160	18–40	NA	NA			
			10–12 y	60–120	18–40	NA	NA			
			13–16 y	60–120	12–26	NA	NA			
			<3 m	110–150	30–60	>95%	36–38.5	Glasgow Coma scale score \leq 11	Pulses; capillary refill; oxygen therapy; bolus fluid	None (dynamic model was used)
Parshuram et al ¹¹	Derived ¹⁰	Scoring	3–12 m	100–150	25–50	80–100	80–100			
			1–4 y	90–120	20–40	90–110	90–110			
			4–12 y	70–110	20–30	90–120	90–120			
			>12 y	60–100	12–16	100–130	100–130			
			<3 m	110–150	30–60	>94%	NA	NA	Capillary refill; respiratory effort; oxygen therapy	
Egdell et al ⁴	Original	Scoring (0–21)	3–12 m	100–150	25–50	80–100	80–100			
			1–4 y	90–120	20–40	90–110	90–110			
			4–12 y	70–110	20–30	90–120	90–120			
			>12 y	60–100	12–16	100–130	100–130			
			<1 y	110–160	30–40	NA	NA			
1–2 y	100–150	25–35	\geq 95%	36–38	Responds to voice; responds to pain; unresponsive	Work of breathing; capillary refill				
2–5 y	95–140	25–30	NA	NA						
5–12 y	80–120	20–25	NA	NA						
>12 y	60–100	15–20	NA	NA						

TABLE 1 Continued

PEWS	Origin	Type	Normal Vital Sign Cutoff Levels					Other Parameter	Excluded Parameters	
			Age Range	Heart Rate (beats/min)	Respiratory Rate (breaths/min)	Systolic Blood Pressure (mm Hg)	Oxygen Saturation			Temperature (°C)
Tibballs et al ¹²	Original	Triggering	<3 m	100–180	>60	<50				
			4–12 m	100–180	>50	<60	≥90% or ≥60% with cyanotic heart disease	NA	Acute change in neurologic status or convulsion	Airway threat; severe respiratory distress, apnea, cyanosis; cardiac or respiratory arrest; worried about clinical state
			1–4 y	90–180	>40	<70				
			5–12 y	80–140	>30	<80				
		>12 y	60–130	>30	<90					
Edwards et al ¹³	Derived ¹²	Triggering	<1 y	90–160	20–50	70–90				
			1–2 y	80–150	15–45	80–95				
			2–5 y	75–140	15–40	80–100	≥93%	NA	Responds to voice; responds to pain; unresponsive	Airway threat (eg, stridor); work of breathing; worried about clinical state
			5–12 y	60–120	10–35	90–110				
		>12 y	55–100	10–30	100–120					
Haines et al ¹⁴	Derived ¹²	Triggering	<6 m	≥150	≥70	NA				
			6–12 m	≥150	≥60	NA	≥92% or ≥75% with cyanotic heart disease	NA	Glasgow Coma scale score ≤11; responds only to pain; convulsion	Airway threat; signs of shock (eg, prolonged capillary refill [3 s]); worried about clinical state; bolus fluid
			1–5 y	≥150	≥40	NA				
			5–12 y	≥120	≥25	NA				
		>12 y	≥100	≥25	NA					
Brilli et al ¹⁵	Original	Triggering	NA	NA	NA	NA	≥80%	NA	Agitation or decreased level of consciousness	cyanosis; worried about clinical state

NA, not available.

rates, oxygen saturation, and blood pressure were measured by using electronic devices. Respiratory rates were measured by counting respiratory movements for 30 seconds. The measurement of vital signs was left to the discretion of the nurse. The database was checked for outliers (values >3 times the interquartile range above the 75th percentile and <3 times the interquartile range below the 25th percentile¹⁸). Patient characteristics and data on follow-up were extracted from the electronic hospital system and merged in SPSS version 20.0 (IBM SPSS Statistics, IBM Corporation, Armonk, NY) for analysis.

Data Analysis

To impute missing vital signs values, we used a multiple imputation model, including age, gender, vital signs values, hospitalization, ICU admission, MTS category, and presenting problem. This method means that missing data are replaced by a value that is drawn from an estimate of the distribution of the variable to create a complete database.¹⁹ This process was executed 10 times to generate 10 complete databases. Statistical analyses on each database were performed and pooled for a final result.

A numeric score was calculated for the different scoring systems and a binary score for the triggering systems. The validity of the PEWS was expressed by the areas under the receiver operating characteristic (ROC) curves, sensitivity, specificity, and positive likelihood ratios and negative likelihood ratios for ICU admission and admission to the hospital. To calculate sensitivity, specificity, and likelihood ratios, the numeric scores of the scoring systems had to be dichotomized at the most optimal cutoff level of the ROC curves.

Sensitivity, specificity, positive likelihood ratios, negative likelihood ratios, and the 95% confidence intervals (CIs) were calculated with the VassarStats

Web site (<http://vassarstats.net/clin1.html>). Statistical analyses were performed by using SPSS and R package version 2.13.1 (R Foundation for Statistical Computing, Vienna, Austria) using the `Design`, `Hmisc` (`AregImpute`) function.

RESULTS

Study Population

In total, 18 073 children presented to the ED during the study period. Data were not available for 130 children. Therefore, 17 943 children remained for analysis, of whom 16% ($n = 2828$) were admitted to the hospital and 2% ($n = 373$) were admitted to an ICU or died in the ED. Patients' characteristics are shown in Table 2.

Ninety-six percent of patients ($n = 17 289$) had at least 1 vital sign measured. Heart rate was measured in 9062 (51%) children; respiratory rates in 6671 (37%); blood pressure in 3632 (20%); oxygen saturation in 4901 (27%); temperature in 10 050 (56%); and level of consciousness in 16 319 (91%). The absence of vital signs was more frequent in patients allocated to lower MTS urgency categories and in patients presenting with traumatic problems than in those presenting with medical problems.

Performances of PEWS in the Total Population

The ROC curves of the PEWS are shown in Fig 1. The discriminative ability to predict ICU admission and admission to the hospital was higher when scoring systems were used than when triggering systems were used (Table 3). Moreover, PEWS were better suited to predict ICU admission than admission to the hospital, because the areas under the ROC curves decreased significantly when admission to the hospital was used as the outcome measure.

TABLE 2 Patient Characteristics

Characteristic	Study Population ($N = 17\,943$)
Female gender, n (%)	7399 (41)
Median age (IQR), y	4.2 (1.4–9.5)
Presenting problem, n (%)	
Trauma	4438 (25)
Gastrointestinal	2399 (13)
FWS	1624 (9)
Dyspnea	1566 (9)
Wounds	1186 (7)
Neurologic	810 (5)
Urinary tract problems	438 (2)
Local infection/abscess	344 (2)
Rash	306 (2)
Ear, nose, throat	260 (1)
Other problems	3953 (22)
Missing	620 (4)
MTS triage category, n (%)	
Immediate	356 (2)
Very urgent	2237 (13)
Urgent	7887 (44)
Standard	6339 (35)
Nonurgent	504 (3)
Missing	620 (4)
Follow-up, n (%)	
No follow-up	6700 (37)
Outpatient clinic/GP	5835 (33)
Hospital admission	2828 (16)
ICU admission/ mortality at ED	373 (2)
Other follow-up	2207 (12)

GP, general practitioner; IQR, interquartile range.

For all PEWS, the optimal cutoff level to calculate sensitivity and specificity for both ICU admission and admission to hospital was set at 1, except for the PEWS of Duncan et al¹⁰ and Parshuram et al,¹¹ for which the cutoff levels were set at 3 for ICU admission and 2 for admission to the hospital (Table 3). The sensitivity and specificity at different cutoff levels of the scoring systems are shown in Appendix 2.

The sensitivity and specificity of the PEWS at the optimal cutoff levels varied widely. When ICU admission was used, the sensitivity of the different PEWS ranged from 61.3% to 94.4% and the specificity ranged from 25.2% to 86.7%. These findings resulted in a positive likelihood ratio between 1.3 and 4.6 and a negative likelihood ratio between 0.22 and 0.45.

When hospitalization was used, the sensitivity ranged from 36.4% to 85.7% and the specificity ranged from 27.1% to 90.5%. None of the PEWS showed both a high sensitivity and a high specificity. Sensitivity, specificity, positive likelihood ratios, and negative likelihood ratios of the individual PEWS are shown in Table 3.

DISCUSSION

Twelve different PEWS were described in the literature, of which 10 were potentially suited for use in the ED. The discriminative ability of the PEWS (area under the ROC curve) were moderate to good for ICU admission (range: 0.60–0.82) and poor to moderate for admission to the hospital (range: 0.56–0.68). Moreover, scoring systems with parameters leading to a numeric value were better able to identify patients at risk than triggering systems, which need 1 positive parameter. The c -statistics of the different scoring systems, however, were not statistically different. The choice of best PEWS in the ED should depend on other factors such as ease of use.

The scoring systems of Egdell et al⁴ and Duncan et al¹⁰ contain more parameters than the scores of Monaghan,⁷ Akre et al,⁸ Skaletzky et al,⁹ and Parshuram et al¹¹ and thus are more time-consuming at initial assessment. Moreover, the PEWS of Duncan et al and Parshuram et al included blood pressure, which is difficult to obtain in a standardized manner in a busy ED. For this reason, the applicability of scoring systems should be evaluated for the individual setting before implementation.

However, scoring systems with more parameters provide a wider range of sum scores and can therefore differentiate patients into >2 risk groups. This categorization can be important when PEWS are not only used to identify patients in need of ICU admission but also patients in need of admission to

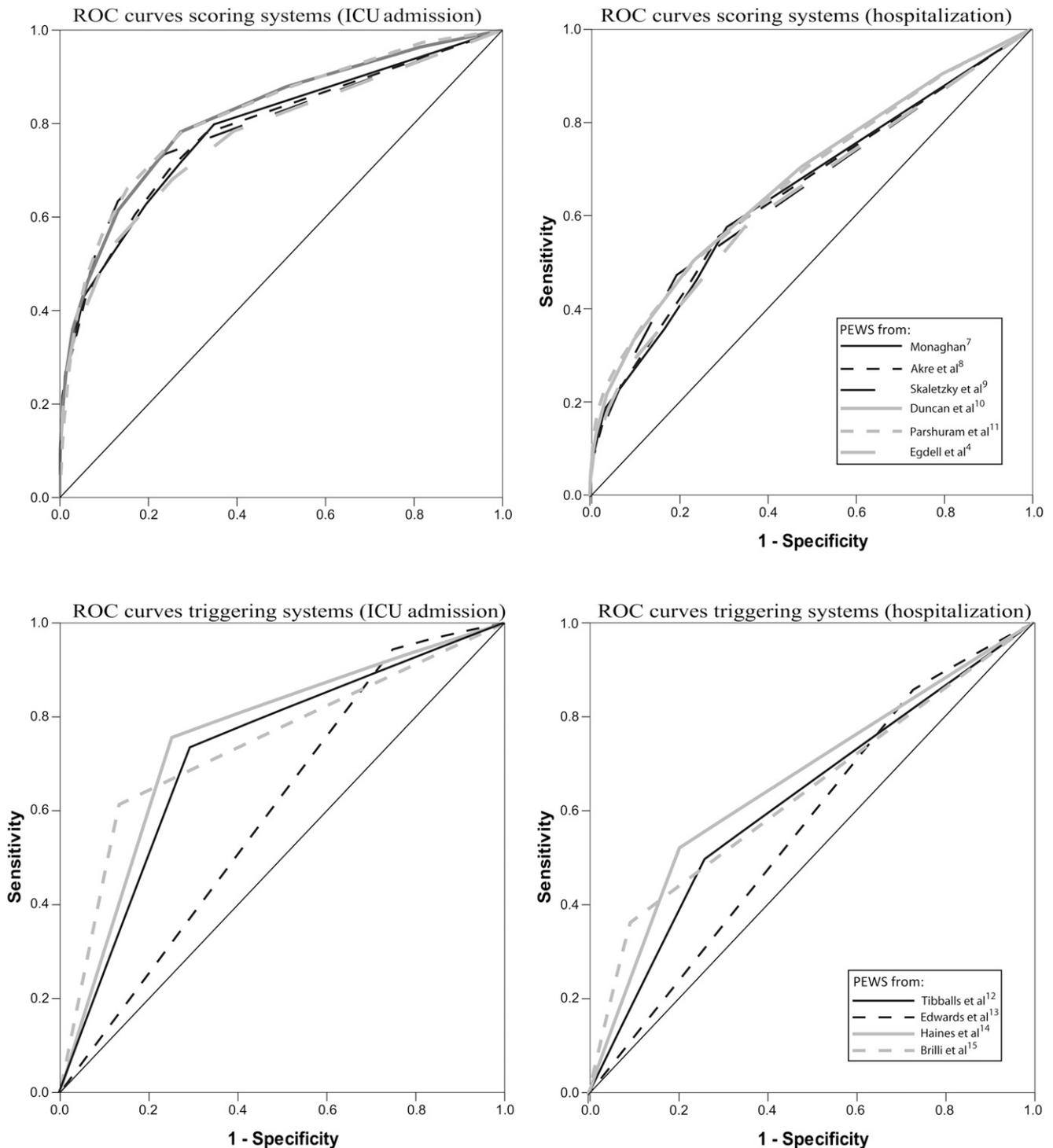


FIGURE 1 ROC curves of scoring systems and triggering systems for (left) ICU admission and (right) hospitalization.

a pediatric ward. The PEWS of Duncan et al¹⁰ and its bedside version from Parshuram et al¹¹ are the only scores with different optimal cutoff levels for hospitalization and ICU admission, and

they are therefore best suited to allocate patients to >2 risk groups. Thresholds for abnormal vital signs influence the validity of the PEWS, because PEWS that only differ according

to vital sign thresholds showed different c-statistics. This finding suggests that the PEWS could be optimized by choosing the optimal cutoff levels for vital sign values. At present, most

TABLE 3 Performance of the Different PEWS for ICU Admission and for Admission to the Hospital

PEWS	Cutoff Level	High-Risk Patients		Low-Risk Patients		Sensitivity, % (95% CI)		Specificity, % (95% CI)		Positive Likelihood Ratio, Ratio (95% CI)		Negative Likelihood Ratio, Ratio (95% CI)		Area Under ROC Curve, AUC (95% CI)	
		No.	%	No.	%										
IC admission															
Monaghan ⁷	1	6415	35.8	11 528	64.2	79.8	75.3–83.7	65.2	64.5–65.9	2.3	2.2–2.4	0.31	0.25–0.38	0.79	0.76–0.81
Akre et al ⁸	1	6073	33.8	11 870	66.2	77.9	73.3–81.9	67.1	66.4–67.8	2.4	2.2–2.5	0.33	0.27–0.40	0.78	0.76–0.81
Skaletzky et al ⁹	1	4417	24.6	13 526	75.4	73.4	68.6–77.8	76.4	75.8–77.0	3.1	2.9–3.3	0.35	0.29–0.41	0.79	0.76–0.82
Duncan et al ¹⁰	3	5083	27.4	12 860	72.6	78.3	73.7–82.3	72.7	72.1–73.4	2.9	2.7–3.0	0.30	0.25–0.36	0.82	0.79–0.84
Parshuram et al ¹¹	3	5152	28.7	12 791	71.3	78.3	73.7–82.3	72.3	71.7–73.0	2.8	2.7–3.0	0.30	0.25–0.36	0.82	0.79–0.85
Egdell et al ⁴	1	7182	40.0	10 761	60.0	78.4	73.8–82.4	60.8	60.0–61.5	2.0	1.9–2.1	0.36	0.29–0.43	0.77	0.74–0.80
Tibballs et al ¹²	NA	5447	30.4	12 496	69.6	73.5	68.7–77.8	70.6	69.9–71.2	2.5	2.3–2.7	0.38	0.32–0.44	0.72	0.69–0.75
Edwards et al ¹³	NA	13 497	75.2	4446	24.8	94.4	91.4–96.4	25.2	24.5–25.8	1.3	1.2–1.3	0.22	0.15–0.34	0.60	0.57–0.62
Haines et al ¹⁴	NA	4695	26.1	13 248	73.8	75.6	70.9–79.8	74.9	74.2–75.5	3.0	2.8–3.2	0.33	0.27–0.39	0.75	0.72–0.78
Brilli et al ¹⁵	NA	2557	14.3	15 384	85.7	61.3	56.1–66.2	86.7	86.2–87.2	4.6	4.2–5.1	0.45	0.39–0.51	0.74	0.71–0.77
Admission to the hospital															
Monaghan ⁷	1	6415	35.8	11 528	64.2	57.7	56.0–59.4	69.0	68.3–69.8	1.9	1.8–1.9	0.61	0.59–0.64	0.65	0.64–0.66
Akre et al ⁸	1	6073	33.8	11 870	66.2	55.6	53.9–57.4	70.9	70.1–71.6	1.9	1.8–2.0	0.63	0.60–0.65	0.65	0.64–0.66
Skaletzky et al ⁹	1	4417	24.6	13 526	75.4	47.4	45.7–49.2	80.3	79.7–81.0	2.4	2.3–2.5	0.65	0.63–0.68	0.65	0.64–0.66
Duncan et al ¹⁰	2	9317	51.9	8626	48.1	70.5	69.0–72.1	51.2	51.3–52.9	1.5	1.4–1.5	0.56	0.54–0.60	0.68	0.66–0.69
Parshuram et al ¹¹	2	9449	52.7	8494	47.3	70.3	68.7–71.9	52.1	50.4–52.0	1.4	1.4–1.5	0.58	0.55–0.61	0.68	0.66–0.69
Egdell et al ⁴	1	7182	40.0	10 761	60.0	58.7	57.0–60.4	64.0	63.2–64.8	1.6	1.6–1.7	0.64	0.62–0.67	0.64	0.63–0.65
Tibballs et al ¹²	NA	5447	30.4	12 496	69.6	49.9	48.1–51.6	73.9	73.2–74.6	1.9	1.8–2.0	0.68	0.66–0.70	0.62	0.61–0.63
Edwards et al ¹³	NA	13 497	75.2	4446	24.8	85.7	84.5–86.9	27.1	26.4–27.8	1.2	1.2–1.2	0.53	0.48–0.57	0.56	0.55–0.58
Haines et al ¹⁴	NA	4695	26.1	13 248	73.8	52.3	50.5–54.0	79.5	78.8–80.1	2.5	2.4–2.7	0.60	0.58–0.62	0.66	0.65–0.67
Brilli et al ¹⁵	NA	2557	14.3	15 384	85.7	36.4	34.7–38.1	90.5	90.0–91.0	3.9	3.6–4.1	0.70	0.68–0.72	0.63	0.62–0.65

NA, not applicable.

PEWS use cutoff levels based on the Advanced Pediatric Life Support program.^{20,21} However, recent publications suggest that reference ranges for vital signs should be updated with new thresholds.^{22–24}

At present, conventional triage systems such as the MTS,^{25,26} the Emergency Severity Index (ESI),²⁷ the pediatric Canadian Triage and Acuity Scale (PedCTAS),²⁸ and the Australasian triage Scale (ATS)²⁹ are used in the ED to allocate the patient's acuity. In the MTS, PedCTAS, and ATS, trained triage nurses had to recognize patient's signs and symptoms to allocate acuity.^{25,26,28,29} In the ESI, the urgency categories are based on the need of life-saving interventions and resource use.²⁷ In all triage systems, vital signs are included to allocate urgency. However, the use of these vital signs differed from the use in PEWS scoring systems, because they are dichotomized into normal and abnormal for the ATS, PedCTAS, and ESI,

and in the MTS, they were included as discriminators such as “shock,” “abnormal pulse,” and “increased work of breathing”; thus, values for abnormality in children were not provided. In South Africa, an early warning score was included to allocate patients to the lowest urgency levels. This triage strategy is inexpensive and can be executed by an inexperienced staff.³⁰

Although PEWS can identify patients at risk in the ED for ICU admission and, to a lesser extent, identify patients at risk for hospitalization, we do not advise using warning scores as triage tools to prioritize patients.³¹ At present, there is no evidence that PEWS are better than conventional triage systems. To prove that PEWS as triage tools are better than conventional triage systems or that PEWS have added value to conventional triage systems, a direct comparison study should be conducted in which patient outcomes and costs are included.

Currently, PEWS in the ED should be an adjunct of conventional triage. They can be used as a tool to indicate ICU admission or as a monitoring tool to identify patient deterioration, due to their ability to continue a patient's assessment when admitted to the hospital.^{2,32}

The main limitation of the current study is that the different PEWS were not implemented in the ED itself and therefore were not evaluated in practice. Conversely, because the PEWS have not been implemented, clinicians did not know the PEWS scores when examining the patients. The decision to admit patients to the ICU or pediatric ward was not influenced by the outcome of the PEWS and therefore could not bias our results. Second, ICU admission and admission to the hospital were chosen as a proxy for acuity because a golden standard for acuity does not exist. Worldwide, hospitalization and ICU admission have been used extensively as a proxy for severity of illness in the ED.^{33–37} Also, it is a limitation

that vital signs were not measured in all patients. We resolved this problem by using a multiple imputation model that can be used when the outcome measure (ICU admission) and predictor (presence of vital signs) on X and Y are correlated.³⁸ Lastly, the study population comprises children from 1 hospital, which could

influence the generalizability of the results. However, the population included a varied case-mix of ~18 000 children, selected from a multicultural, inner-city ED population, and the result are therefore likely to be generalizable to other pediatric ED populations.

CONCLUSIONS

PEWS are capable of identifying children in need of ICU admission. Scoring systems, with parameters leading to a numeric value, were better able to identify patients at risk than triggering systems, which need 1 positive parameter.

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APPENDIX 1 Contribution of Single Parameters to the Scoring PEWS

PEWS	Included Parameters	Score
Monaghan ⁷ /Akre et al ⁸ / Skaletzky et al ⁹	Behavior: level of consciousness	0–3
	Cardiovascular: capillary refill/heart rate	0–3
	Respiratory: work of breathing/oxygen therapy/respiratory rate	0–3
Duncan et al ¹⁰	Heart rate	0–2
	Respiratory rate	0–2
	Systolic blood pressure	0–2
	Pulses	0–2
	Oxygen saturation	0–2
	Capillary refill	0–2
	Level of consciousness	0–2
	Oxygen therapy	0–2
	Bolus fluid	0–2
	Temperature	0–2
Parshuram et al ¹¹	Heart rate	0–4
	Systolic blood pressure	0–4
	Capillary refill	0–4
	Respiratory rate	0–4
	Respiratory effort	0–4
	Oxygen saturation	0–2
	Oxygen therapy	0–4
Egdell et al ⁴	Respiratory rate	0–3
	Work of breathing	0–3
	Oxygen saturation	0–3
	Temperature	0–3
	Capillary refill	0–3
	Heart rate	0–3
	Level of consciousness	0–3

APPENDIX 2 Sensitivity and Specificity at Different Cutoff Levels for Scoring PEWS

PEWS	Cutoff Level	ICU Admission		Admission to Hospital	
		Sensitivity (%)	Specificity (%)	Sensitivity (%)	Specificity (%)
Monaghan et al ¹³	≥1	79.8	65.2	57.7	69.0
	≥2	71.8	72.6	46.6	75.7
	≥3	62.7	80.6	36.0	83.1
	≥4	43.0	94.6	18.9	96.6
Akre et al ¹⁴	≥1	77.9	67.1	55.6	70.9
	≥2	70.2	75.3	44.2	78.4
	≥3	60.5	83.5	34.0	85.7
	≥4	42.9	94.2	19.1	96.1
Skaletzky et al ¹⁵	≥1	73.4	76.4	47.4	80.3
	≥2	63.4	86.9	31.1	89.5
	≥3	52.3	91.9	22.0	93.8
	≥4	32.7	97.8	10.8	98.9
Duncan et al ¹⁶	≥1	96.4	18.6	90.5	20.1
	≥2	87.9	48.8	70.6	52.1
	≥3	78.2	72.7	50.5	76.5
	≥4	61.4	86.8	33.6	90.1
	≥5	46.2	93.8	22.0	96.2
Parshuram et al ¹⁷	≥1	97.3	18.2	90.6	19.7
	≥2	87.8	48.1	70.3	51.2
	≥3	78.3	72.3	50.7	76.1
	≥4	66.2	84.7	36.6	88.1
	≥5	56.0	90.6	28.6	93.6
Egdell et al ¹⁰	≥1	78.4	60.8	58.7	64.0
	≥2	68.1	74.6	43.4	77.4
	≥3	53.2	88.7	27.9	91.3
	≥4	41.2	93.9	18.9	95.8

Validity of Different Pediatric Early Warning Scores in the Emergency Department

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