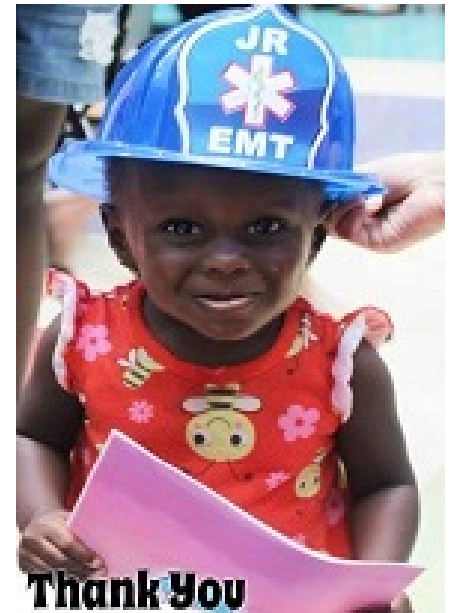


On EMS Recognition Day, honor local EMS heroes who regularly go above and beyond what is expected. Give gratitude to first responders for their unwavering commitment to serve their communities.

- Remember colleagues injured or killed in the line of duty with a public ceremony or a moment of silence.
- Host an awards luncheon to recognize an EMT or Paramedic of the Year, as well as all of your EMS practitioners.
- Recognize a save
- Visit a school or youth organization
- Give gratitude to your family by taking some time off during EMS Week, relax, and be present and attentive with the ones you love



See how EMS providers have saved children's lives across the country

- [DC Firefighters Meet the Baby they Saved](#)
- [2-Year-Old Saved from Choking Reunites with Flight Paramedics](#)
- [18-Month-Old Saved from Choking](#)
- [Off-Duty EMT Saves Baby's Life with CPR](#)
- [EMS Instructor Saves Teen with CPR](#)
- [One Firefighter's Dedication to Stopping Child Drownings](#)
- [Graduate reunites with the EMT who saved his life as a baby](#)
- [How a paramedic's split-second decision may have saved a Parkland student's life](#)